

6D5N HANOI – HALONG – SAPA (VN6HAN) 六天五夜 河内-下龙湾-沙霸



DAY 1 HANOI ARRIVAL 河内

<u>(Nil)</u>

(B/L/D)

(B/L)

Upon arrival at Noi Bai International airport, transfer to Hanoi downtown. Check in & overnight at hotel in Hanoi. 到达河内-内牌国际机场后,接待前往河内入住酒店

DAY 2 HANOI – HALONG (OVERNIGHT ON CRUISE) 河内 -下龙湾

You will be your first opportunity to see some of the rural areas of Vietnam. The drive goes through the Red River delta, so we'll have plenty of chance for taking photo of Vietnamese farmers tilling the vast green paddy field.

早餐后,乘车前往广宁省的**下龙湾**(距离河内160公里,大约3,5个小时)(一九九四年已获得联合国科教文公认为世界自然文化遗产,也刚刚成为新世界七大自然奇观之一),路途游客可以在车上欣赏与拍照越南北越最大稻田平原的风景,抵达下龙湾,开始邮轮的行程。

12h00 – 12h30 : Embark Halong Cruise. Enjoy welcome drink and get a brief introduction about cruise and safety guidelines. Check-in your cabin. 上豪华邮轮,享用欢迎饮料,入住邮轮房间

13h15: Have lunch while cruising in the magnificent Bai Tu Long Bay, admiring the fascinating rock and the beautiful of Halong Bay from your cruise. 一边享用午餐,一边观光白子龙的美景,游船漫游经过下龙湾的漂亮景点给游客 拍照

16h00: Join a guided visit to Stalemate Cave in Ha Long Bay. 跟导游参观下龙湾漂亮的钟乳石洞

17h20: Return to Cruise, enjoy the sunset while relaxing with happy hours from now to dinner time at the bar. 欣赏海 上黄昏及休闲的时刻

18h00: Enjoy happy hours various drinks on discount. Taking part in *a Cooking Demonstration & Food Décor Class* with our Chef. 各种饮料大减价,客人可参加与我们的厨师学做**越南菜**

19h00 – 21h00: Dinner is served on cruise restaurant. 享用晚餐於

21h00 – 22h00: Time of second happy hours to the late night or join *Squid Fishing* with the crew, sing *Karaoke* or just laze around or relax in your cabin. 自由活动,客人可在船上钓墨鱼, 唱卡拉 OK 等

DAY 3 HALONG - HANOI 下龙湾

06h30 Welcome a new day with amazing dawn on the cruise. Refresh your body & soul by a *Tai-Chi Lesson* on sundeck. 参加太极拳班

07h00 – 08h00: Catch morning view of seascapes with a cup of tea or coffee, have breakfast. 早餐时间,慢慢欣赏 越南咖啡与绿茶

08h00 – 09h00: Climb to the peak of Island for the panoramic views of the bay. Relax on the beach, swim in the emerald water. 贵客可跟导游爬山,在高的角度拍照下龙湾的风景

09h00: Return to Cruise for freshening up. 回邮轮

09h30: Check out your cabin and continue roaming around the picturesque route toward Bai Tho Mountain near the harbor. 休息,退房

10h30: Have early lunch. 在船上享用午餐

12.00 :Arrive back at Ha Long city for disembarkation. 返回码头, 乘车回河内, 下午午参观下龙湾最大的**皇家赌** 场

HANOI-SAPA 河内 - 沙巴 DAY 4

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6.30 – 7.00: Pick up from your hotel, get on big bus and depart for Sapa. 在酒店迎接,前往沙巴.

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9.30: Follow the highway to Lao Cai city with the first comfort break 路上休息

11.00: Second comfort break at Lao Cai city before approaching Sapa 到达沙巴, 饮料迎接, 享用午餐, 入住酒店

13.00: Arrive Sapa Town with colorful traditional costumes of H'mong, Dzao, Tay ethnic People.

- Welcome drink and itinerary briefing

- Enjoy the lunch with local Vietnamese dishes, check-in procedures

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14.30: A short drive to the gate of Cat Cat village which is home of Black H'mong ethnic people and is located near the bottom of a deep valley at the foot of Fansipan Peak. Our local guide will show you the daily life activities of the locals, trek down to the valley bottom to the waterfall where the French built a Hydraulic Power Station; stop for photo with bridge and waterfall then you will walk uphill for bus to pick up to get back to Sapa in the afternoon. 参观 Cat Cat 民 族村,了解黑苗族的生活,位于 Fansipan 深谷附近。徒步下到谷底到达法国建成的水电站瀑布;停下来合影在 桥梁和瀑布,返回沙巴。

Trekking distance is about 2.5 kms and it lasts for 2 hours 徒步距离约 2.5 公里,约 2 小时

17.00: Come back to Sapa Town. We recommend good local restaurants for your dinner on your own, overnight in hotel with night activities. 回到沙巴。晚餐自理,住宿沙巴。

DAY 5 SAPA – HANOI 沙巴 - 河内

7.00 – 7.45: Have breakfast at hotel and prepare light pack for trekking 早餐时间

8.00: A short drive to Y Linh Ho then trek through the rice terraces and along Muong Hoa Stream to the Black Hmong village of Lao Chai to see the spectacular landscape of Hoang Lien Son Mountain after that heading to Ta Van village home of Dzay ethnic people. 参观 Yi Linh Ho, LaoChai 村, TaVan 村。

Trekking distance is about 9 kms and it lasts for 3.5 hours 徒步距离约 9 公里,约 3,5 小时

11.30: Bus picks you up at Ta Van Bridge to Sapa. 在 Tavan 村迎接。

12.00 – 15.00: Have a shower at hotel, check out and have lunch and time at leisure on your own. 享用午餐,自由活 动。

15.00: Meet all group members at hotel to get ready for Hanoi. 返回河内。

15.15: Get on bus to go back to Hanoi with two comfort breaks. 送往酒店。

21.15: We say goodbye to you at your hotel

DAY 6 HANOI DEPARTURE 河内

After breakfast, free at leisure then driver pick up at hotel transfer to airport for flight home. 早餐后,自由活动等到时乘车到飞机场,乘坐飞机回国。

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