

7 Days
天 6 Nights
晚



TOUR CODE : MF 7CSX



Changsha . Shaoshan . Fenghuang . Zhangjiajie
长沙 . 韶山 . 凤凰 . 张家界



- * 世界最美大峡谷 + 玻璃桥
- * 游览中国最美丽的小城 - 凤凰古城
- * 乘亚洲最长索道, 游览名冠天下的天门山奇景 + 空中玻璃栈道
- * 搭百龙电梯, 世界唯一的山体观光电梯
- * 泛舟高山平湖 - 宝峰湖; 乘坐双程小火车, 浏览十里画廊
- * 乘缆车登峰林之王 - 天子山; 游袁家界, 天下第一桥, 尽览世外仙境奇峰异林



Day 01	Kuala Lumpur ~ Xiamen { Flight } ~ Changsha	(-)	第一天	吉隆坡 ~ 厦门 { 飞机 } ~ 长沙	(-)
Day 02	Changsha ~ Shaoshan ~ Fenghuang	(B / L / D)	第二天	长沙 ~ 韶山 ~ 凤凰	(早 / 午 / 晚餐)
Day 03	Fenghuang ~ Zhangjiajie	(B / L / D)	第三天	凤凰 ~ 张家界	(早 / 午 / 晚餐)
Day 04	Zhangjiajie	(B / L / D)	第四天	张家界	(早 / 午 / 晚餐)
Day 05	Zhangjiajie	(B / L / D)	第五天	张家界	(早 / 午 / 晚餐)
Day 06	Zhangjiajie ~ Changsha	(B / L / D)	第六天	张家界 ~ 长沙	(早 / 午 / 晚餐)
Day 07	Changsha ~ Xiamen { Flight } ~ Kuala Lumpur	(B)	第七天	长沙 ~ 厦门 { 飞机 } ~ 吉隆坡	(早餐)

Place of Visit 景点

Changsha 长沙 : Bamboo Slips Museum 简牍博物馆 ,JuZiZhou (Exclude Buggy) 桔子洲 (不含电瓶小火车), Baisha Furui 白沙古井 Embroidery Museum 湘绣博物馆, HuangXing Road 黄兴路步行街 .

Shaoshan 韶山 : Former Residence of Mao Zedong 毛泽东故居, Sculpture Square 铜像广场, MaoShi Zongci 毛氏宗祠 .

Fenghuang 凤凰 : Fenghuang ancient town 凤凰古城, Tuojiang 沱江, DiaoJiaoLou 吊脚楼, North Gate Tower 北门城楼, Shibian Street 石板街, HongQiao Bridge 虹桥,

Zhangjiajie 张家界 : View Aizhai Bridge 外观矮寨大桥, Mountain 天子山 (cable car down 缆车下山) < YuBi Peaks 御笔峰, Fairy Lady Presenting Flower 仙女献花, HeLong Park 贺龙公园 ; go up with Hundred Dragon Elevator 乘坐百龙电梯上山, Yuanjiajie 袁家界, Mihun Stage 迷魂台, First Bridge in the World 天下第一桥 , Avatar Hallelujah mountain 《阿凡达》哈利路亚山 >, Ten-Mile Natural Gallery (Both Way Mini Train) 十里画廊 (双程小火车), Golden Whip Stream 金鞭溪 < A Cross of Four Stream 水绕四门 >, BaoFeng Lake (boat ride) 泛舟宝峰湖, Tianmen Mountain 天门山 (include cable way 含索道) < Tianmen Cave 天门洞, Glass Walkway 玻璃栈道 ,99 winding road 99 道弯公路奇观 >, ZhangJiaJie Glass Bridge 大峡谷玻璃桥 Silk Gallery 丝绸馆, Chinese Tea 茶叶, Emulsion 乳胶, Jewelry Shop 珠宝店 .

Hotel 酒店

Changsha 长沙 : Cassidy Enjoy Hotel / SML (5*), 卡斯迪漫享酒店 / 同级 (5*);

Fenghuang 凤凰 : FengTingHotel / SML, 风廷酒店 / 同级

Zhangjiajie 张家界 : Ziyu Hotel / SML, 紫御大酒店 / 同级; Splendid East Hotel / SML, 锦绣东都酒店 / 同级

Special Flavor 风味

Zhangjiajie TuJia Flavor 张家界土家风味, Changsha HuoGong XiangCai Flavor 长沙火宫殿湘菜风味, Shaoshan Mao Family Cuisine 韶山毛家宴, XiangXi Bamboo Flavor 湘西竹筒风味, Herbal Flavor 药膳风味, Mushroom Flavor 蘑菇风味, Miao Flavor 苗家风味

Compulsory Tour 保证自费

RMB 350/person 人民币 350/人 :
The Love Story of A Woodman and A Fairy Fox 大型实景歌舞剧 “ 天门狐仙 . 新刘海砍樵 ” (Winter Season replaced by “Xiangxi Cultural & Dance Show” 冬天停演改看 “魅力湘西歌舞秀”), Xiangjiang Night Tour 夜游湘江风光带

**** Remark 备注 : Content of optional tour subject to change 最终解释权以当地地陪所讲加点内容为主 .**

Tour Fare 团费 :


Departure 出发日期 :


- > **Tour Fare Included 团费含** : Hotel Accommodation , Meals , Coach Transfer In & Out , Return Air Ticket , Entrance Fees & Local Tourist Guide . 行程上之酒店, 膳食, 交通接送, 国际机票, 观光点门票及导游 .
- > **Tour Fare Excluded 团费不含** : Malaysia Airport Tax , China Airport Tax , China Domestic Airport Tax , YQ Tax , YR Tax , Normal Visa Fees , Local Tour Guide & Driver Tipping . 吉隆坡出境机场税, 中国出境机场税, 中国内陆机场税, 航空保险费, 燃油税, 签证, 导游与司机小费 .


最后确认的行程将以旅行团抵达各地后由接待社安排为准 / The Itinerary Are Subject To The Final Discretion Of The Local Land Operator *





7天6晚 长沙.韶山.凤凰.张家界


第一天 吉隆坡 ~ 厦门 ~ 长沙  (-) 住宿：卡斯迪漫享酒店 / 同级
请旅客准时前往吉隆坡国际机场离境大厅指定航空公司柜台集合，并由公司专职人员协助办理登机手续后，乘豪华客机经厦门飞往中国湖南省省会 - 长沙。长沙市位于湘江下游，是一座拥有三千多年历史的文化名城。

第二天  长沙 ~ 韶山 ~ 凤凰 (早/午/晚餐) 住宿：风廷酒店 / 同级
早上，乘车前往中国第一位国家主席毛泽东的家乡 - 韶山 [车程约 2 小时]。韶山一直保留了当年毛泽东出生和生活过的祖屋（又称**故居**），是全国重点文物保护单位。接着前往**铜像广场**。广场矗立了毛泽东诞辰一百周年所铸造的铜像。继续参观**毛氏宗祠**。之后乘车前往位于湘西土家族苗族自治州的**凤凰古城** [车程约 6½小时]，是中国最美丽的小城之一，也是中国现代作家沈从文的故乡。2001 年被授予国家历史文化名城称号。这里聚集了土家族与苗族等多个少数民族。接着，前往古城欣赏**沱江两岸风光**，游览**吊脚楼、石板街、北门城楼和虹桥**等古城中的精华景点。前往中南五省最大的步行街**黄兴路**自由购物及品尝长沙各种风味小吃

第三天  凤凰 ~ 张家界 (早/午/晚餐) 住宿：紫御酒店 / 同级
早上。继续乘车前往闻名世界，素有“林十万、峰三千、水八百”之称，被誉为绿色明珠的张家界 [车程约 3½小时]。途中经过世界第一悬索桥——**矮寨大桥**。张家界于 1992 年被联合国教科文组织列入《世界自然遗产名录》。接着游览武陵之魂——**天门山国家森林公园**。天门山是张家界永定区海拔最高的山，因自然奇观天门洞而得名。天门山古称嵩梁山，又名云梦山、方壶山，是张家界最早载入史册的名山。乘坐亚洲最长的**索道上山**。在山上，体验天门山**玻璃栈道**。玻璃栈道悬于山顶西线，长 60 米，最高处海拔 1430 米。这条看着就让人腿软的玻璃栈道给人带来的刺激震撼感可与举世闻名的美国大峡谷玻璃走廊“天空之路”媲美。接着乘车经九曲十八弯抵达自然奇观天门洞。**天门洞和 99 道弯公路奇观** 南北对开于千寻素壁之上，气势磅礴，巍峨高绝，是罕见的高海拔穿山溶洞，更是尽显造化神奇的冠世奇观。天门洞终年氤氲蒸腾，景象变幻莫测，时有团团云雾自洞中吐纳翻涌，时有道道霞光透洞而出，瑰丽神奇，宛如幻境，似蕴藏天地无穷玄机。晚餐后，前往酒店休息。

第四天  张家界 (早/午/晚餐) 住宿：天子大酒店 / 同级
早餐后，乘中国唯一的山体外观光电梯**百龙电梯**上**袁家界**观赏天下第一桥，**迷魂台**和**《阿凡达》哈利路亚山**；山顶乘环保车前往**天子山**自然保护区。天子山是张家界最高的山之一，海拔 1200 米，山势挺拔，形态各异；如遇雨后，雾气弥漫，犹如海上仙山；继续游览**御笔峰、仙女献花、贺龙公园**、等景点；乘缆车下山后，改乘**小火车**（双程）游览中国山水画原版 - **十里画廊**，故名十步一景十里宛如一幅中国山水国画，廊内石峰刺天，奇岩林立，陈列在河的两岸，前后左右都是景，令人目不暇接。


第五天  张家界 (早/午/晚餐) 住宿：天子大酒店 / 同级
早餐后，游览中国第一个国家森林公园——张家界国家森林公园 **金鞭溪**。因溪旁有金鞭岩而得名，被誉为“世界上最美丽的峡谷之一”。金鞭溪全长 5.7 公里，穿行在峰峦幽谷间，溪水明净，跌宕多姿，小鱼游弋其中。溪畔花草鲜美，鸟鸣莺啼，人沿清溪行，胜似画中游。**水绕四门**，因金鞭溪、索溪、鸳鸯溪、龙尾溪四条溪流在这块不足 200 平方米的山谷盆地中盘绕汇流而得名。从景区出来以后，参观**乳胶**。午餐后，游览**大峡谷玻璃桥**世界最高和 longest 的玻璃桥，高度约 400 米，全长约 370 米，桥面全部采用透明玻璃铺设。


第六天  张家界 ~ 长沙 (早/午/晚餐) 住宿：现代凯莱大酒店 / 同级
早餐后，出发前往张家界武陵源区抵达后品尝**茶叶和丝绸**，接着前往**乘船游览宝峰湖**。高山出平湖，宝峰湖位于半山腰，需登山后方可观赏到其庐山真面目，湖上泛舟宛若仙境，故有人间瑶池之称，游湖时可欣赏到土家族阿哥阿妹对山歌。之后参观**珠宝店**。午餐后，前往参观**湘绣博物馆**，是一座向世人展示湘绣历史与技艺的专业性博物馆。湖南湘绣作为中国四大名绣之一，向来以历史悠久，工艺精湛，风格独特，品类繁多而闻名海内外。前往参观**桔子洲**（不含电瓶小火车），桔子洲在千百年来遥遥流逝的湘江的中心，形如长带，风景如画。继续前往**白沙古井**位于长沙城南的回龙山山西侧，自古以来为江南名泉之一，泉水从井底汨汨涌出，清澈透明，甘甜可口，四季不断。之后前往**简牍博物馆**。此馆是中国首座集简牍收藏、保护、整理、研究和陈列展示于一体的现代化专题博物馆，藏品主要为三国孙吴时期纪年简牍、东汉简牍和西汉初年纪年简牍，以及西汉长沙王后“渔阳”墓简牍、青铜、漆木、书画、玉石、金银等文物。


第七天 长沙 ~ 厦门  ~ 吉隆坡 (早餐)
早餐后，接着送往机场乘搭飞机经厦门返回温暖的家。


** 景点的先后顺序可根据具体情况有所调整 / 团费不含自费项目 **


7D6N Changsha . Shaoshan . Fenghuang . Zhangjiajie


DAY 1 KUALA LUMPUR ~ XIAMEN ~ CHANGSHA  (-) **Hotel : Cassidy Enjoy Hotel / SML**
Assemble at Kuala Lumpur International Airport for your flight to Changsha via Xiamen. Changsha is the capital of Hunan Province, located on the lower reaches of Xiang River with the history more than 3000 years..

DAY 2  **CHANGSHA ~ SHAOSHAN ~ FENGHUANG (B/L/D)** **Hotel : FengTing Hotel/ SML**
After breakfast, transfer to Shaoshan [about 2 hours], the hometown of Mao ZeDong, a great leader of China. Upon arrival, visit to **Former Residence of Chairman Mao ZeDong**, an ordinary countryside house built with clay and wood. The furniture in the house is arranged as Chairman Mao lived here. Then, visit to **Sculpture Square** and **Mao Cultural Hall**. Continue to Fenghuang [about 6½ hours], which located in Xiangxi Tujia and Miao Autonomous Prefecture. The majority of the city's population is comprised of the Miao and Tujia minorities. The **Ancient Fenghuang (Phoenix) City** is known as the “most beautiful small city in China”, it is famous for surrounding mountains and rivers and ancient, primitive architectures. enjoy the beautiful scene of **Tuojiang, DiaoJiaoLou, Shibian Street, North Gate Tower, HongQiao** and so on in the ancient city. After that go to the biggest shopping area in Changsha, **HuangXing Road**. Visit to **Orange Continent Head** it's an island with 5000meters length and 145meters width. It has more 1600years old history and now, there are still about 5000 people live here. The typical products here is delicious Orange, hence the name

DAY 3  **FENGHUANG ~ ZHANGJIAJIE (B/L/D)** **Hotel : Ziyu Hotel / SML**
After breakfast, transfer to ZhangJiaJie , one the way through the world 's first suspension bridge – **Aizhai Bridge**. After that visit to **Tianmen Mountain Scenic Area** and you will have a chance to take the world longest cableway to top of the mountain. Visitors can experience “Walk of Faith”, **Glass Walkway** at there. This glass walkway is located on the massive vertical cliffs of Tianmen Mountain, and rising 1,430 from the ground is a 60 meter long bridge constructed of 2.5-inch thick glass. Proceed to the main attractions of Tianmen Mountain, **Tianmen Cave and 99 winding road** by Heaven-Linking Avenue. It is a natural water-eroded cave with the highest elevation in the world. It is actually a big hole in the mountain but people call it a cave and it has become a major attraction. Proceed to Zhangjiajie Wulingyuan Area .“The mist glides across hundreds of towering, sandstone pillars topped by trees before plunging down into the green-swathed ravines below” is a verbose description of Zhangjiajie's scenery. Zhangjiajie was listed into the World Natural Heritage by the UNESCO in 1992. After dinner proceed to hotel.

DAY 4  **ZHANGJIAJIE (B/L/D)** **Hotel : Splendid East Hotel / SML**
After breakfast, experience the **Hundred Dragon Elevator** when go up to the hill. Visit to **Yuanjiajie**, a naturally formed platform mountain, surrounded by higher summits which are divided by deep valleys. Added to this scene is an array of amazing lesser peaks and grotesque rocks. Each one stands in the valley and possesses its own peculiar shape. The foremost attractions in this area included breathtaking **Mihun Stage**, and the **First Bridge in the World**. Proceed to **TianZi Mountain** by shuttle bus. The mount is dotted with nearly 100 natural platforms for sightseeing, more than 2000 stone peaks and dozens of waterfalls and springs. The sea of clouds, the wavelike stone ranges, the snowscape in the winter and the sunrise are the most spectacular. The surrounding spots are mainly composed of **YuBi Peak, Fairy Lady Presenting Flower, HeLong Park**) and so on. Take a cable car down to the mountain; continue visit **Ten-Mile Natural Gallery** by **mini train** (both way), a beautiful landscape like a Chinese painting .

DAY 5  **ZHANGJIAJIE (B/L/D)** **Hotel : Splendid East Hotel / SML**
After breakfast, visit to the world first National park _ ZhangJiaJie national park **Golden Whip Stream**. Named after the Golden Whip Rock that it flows by this stream and known as the “Most Beautiful Valley in the World”. Flanked by ridges and peaks, the crystal clear water makes it possible to observe every action of the fish in the water. Visit **A Cross of Four Stream** at there. After lunch proceed to **ZhangJiaJie Glass Bridge** is highest in the world and longest glass bridge , the high have 400 meter and length have370 meter and the deckis made of clear glass.

DAY 6  **ZHANGJIAJIE ~ CHANGSHA (B/L/D)** **Hotel : Cassidy Enjoy Hotel / SML**
After breakfast, proceed to the **Chinese Tea and Sil Gallery** .After that enjoy a **boat ride** at **BaoFeng Lake**. Baofeng Lake is a rare high gorges lake and shaped by surrounding mountains into a narrow strip. Lying in mountains, the Baofeng Lake is filled by streams without pollution. The lake has a fascinating landscape with surrounding mountains and a mid-lake island. Next, visit to **Jewelry Shop**. After that ,visit to **JuZiZhou (Exclude Buddy)** it's an island with 5000meters length and 145meters width. It has more 1600years old history and now, there are still about 5000 people live here. The typical products here is delicious Orange, hence the name. Next we visit **Ancient Well of White Sand**, white manhole located in Changsha City Huilong Mountain West, springs from the bottom hole flowing out, clear and transparent, sweet and delicious, perennial. Next, visit to **Bamboo Slips Museum**. This museum is the first museum to collects, protects, organizes, researches, and displays bamboo and wooden slips in China. The museum has collected bamboo slips in the Three Kingdoms Period and Western Han Dynasty. visit to **Embroidery Museum**. Hunan Embroidery is one of China's famous styles of embroidery with a history over 2000 years

DAY 7 **CHANGSHA ~ XIAMEN**  **~ KUALA LUMPUR (B)**
This morning,. Transfer to airport for your flight back to Kuala Lumpur via Xiamen.