

# 8 Days 天 7 Nights 晚



TOUR CODE : AK 8KMG-1F



## Kunming . Dali . Lijiang . Stone Forest

## 昆明 . 大理 . 丽江 . 石林 \* 单飞 \* Flight

- \* 游览九乡风景区；大理《天龙八部》影视城
- \* 参观《千里走单骑》拍摄地：丽江束河古镇
- \* 乘缆车上云杉坪，观赏玉龙雪山全景



Day 01	Kuala Lumpur ~ Kunming ~ Stone Forest	(D)	第一天	吉隆坡 ~ 昆明 ~ 石林	(晚餐)
Day 02	Stone Forest ~ Jiuxiang ~ Kunming	(B / L / D)	第二天	石林 ~ 九乡 ~ 昆明	(早 / 午 / 晚餐)
Day 03	Kunming	(B / L / D)	第三天	昆明	(早 / 午 / 晚餐)
Day 04	Kunming ~ Dali	(B / L / D)	第四天	昆明 ~ 大理	(早 / 午 / 晚餐)
Day 05	Dali ~ Lijiang	(B / L / D)	第五天	大理 ~ 丽江	(早 / 午 / 晚餐)
Day 06	Lijiang	(B / L / D)	第六天	丽江	(早 / 午 / 晚餐)
Day 07	Lijiang ~ Kunming { Flight }	(B / L / D)	第七天	丽江 ~ 昆明 { 飞机 }	(早 / 午 / 晚餐)
Day 08	Kunming ~ Kuala Lumpur	(B / L)	第八天	昆明 ~ 吉隆坡	(早 / 午餐)

### Place of Visit 景点



**Kunming 昆明** : Jiuxiang Scenic Area 九乡风景区, Stone Forest (include buggy) 石林 (含电瓶车), Golden Palace 金殿 (Bell Tower 钟楼), YuanTong Temple 圆通寺, JinMaBiJi 金马碧鸡坊, Pu'Er Tea Shop 普洱茶艺, Silk Gallery 丝绸馆, Baoshutang 宝树堂, Traditional Chinese Medicine Whole Sales Market 中药材批发市场.

**Dali 大理** : Dali Ancient City 大理古城, view Three Pagodas 远眺三塔, ErHai Lake 洱海公园, House of Bai Minority 白族民居, Dali Zhangjia Garden 大理张家花园, Guangyin Tong 观音塘 Three Courses Tea Dance Performance by Bai Minority 白族三道茶歌舞表演, Dali Silver Shop 大理国银店.

**Lijiang 丽江** : Jade Dragon Snow Mountain Scene Area - YunShan Plateau (include cable car) 玉龙雪山景区 - 云杉坪 (含缆车), White Water River (exclude buggy) 白水河 (不含电瓶车), GanHaiZi 甘海子, Lijiang Ancient Town Sifang Street 四方街古城, Black Dragon Pool Park 黑龙潭公园, ShuHe Ancient Town 束河古镇, Jade Dragon Scenic Area 大玉龙景区 (Yufeng Temple 玉峰寺, Jade Water Village 玉水寨, Dongba Gods Garden 东巴万神园), Spirulina Shop 螺旋藻店.

### Hotel 酒店



**Stone Forest 石林** : Xingya Custom Garden / SML, 兴亚风情园 / 同级

**Kunming 昆明** : Enjoying International Hotel / SML (Local 4\*), 颐华商务酒店 / 同级 (准 4 星)

**Dali 大理** : N' Hotel / SML (Local 4\*), N 度酒店 / 同级 (准 4 星)

**Lijiang 丽江** : JiaLiDa Garden Hotel / SML (Local 4\*), 佳立达酒店 / 同级 (准 4 星)

### Special Flavor 风味



Kunming Bridge Crossing Noodle 昆明过桥米线, Yiliang Roasted Duck 宜良烤鸭, Dali Fish Head Claypot 大理砂锅鱼头, Manwan Hotel Restaurant 漫湾大酒店餐厅, Lijiang MaBangCai Flavor 丽江茶马古道马帮菜, Southern Garden Restaurant 小南国淮扬风味.

### Optional Tour 自费项目

**RMB 280/person 人民币 280/人** : "Dynamic Yunnan" Show "云南映像" 歌舞表演, CuiHu Park 翠湖公园, Former Site of Yunnan Military Institute 云南陆军讲武堂旧址, Luosiwan Trade City 新螺蛳湾国际商品城.

**\*\* Remark 备注 : Content of optional tour subject to change 最终解释权以当地地陪所讲加点内容为主.**

### Tour Fare 团费 :


### Departure 出发日期 :


- > **Tour Fare Included 团费含** : Hotel Accommodation, Meals, Coach Transfer In & Out, Return Air Ticket, Entrance Fees & Local Tourist Guide . 行程上之酒店, 膳食, 交通接送, 国际机票, 观光点门票及导游.
- > **Tour Fare Excluded 团费不含** : Malaysia Airport Tax, China Airport Tax, China Domestic Airport Tax, YQ Tax, YR Tax, Normal Visa Fees, Local Tour Guide & Driver Tipping . 吉隆坡出境机场税, 中国出境机场税, 中国内陆机场税, 航空保险费, 燃油税, 签证, 导游与司机小费.


\* 最后确认的行程将以旅行团抵达各地后由接待社安排为准 / The Itinerary Are Subject To The Final Discretion Of The Local Land Operator \*


UPDATE ON : 17/01/2017


**8天7晚****昆明·大理·丽江·石林 \*单飞\***


**第一天**  **吉隆坡 ~ 昆明 ~ 石林** (晚餐) 住: 兴亚风情园 / 同级  
 请旅客准时前往吉隆坡国际机场 KLIA2 离境大厅指定航空公司柜台集合, 并由公司专职人员协助办理登机手续后, 乘搭飞机飞往春光明媚, 风景秀丽, 有“春城”之称的昆明。抵达昆明后, 由亲切导游接团, 之后前往位于石林(车程约 2 小时)。晚餐后, 送往酒店。


**第二天**  **石林 ~ 九乡 ~ 昆明** (早/午/晚餐) 住: 颐华商务酒店 / 同级  
 早餐后, 游览被誉为“天下第一奇观”, 世界最典型的喀斯特地貌景观 - **石林** (含电瓶车)。大约在 2 亿多年以前, 这里是一片汪洋大海, 沉积了许多厚厚的大石灰岩。经过了后来的地壳构造运动, 岩石露出了地面; 约在 200 万年以前, 由于石灰岩的溶解作用, 石柱彼此分离, 又经过常年的风雨剥蚀, 形成了今天这种千姿百态的石林。这里如群峰壁立, 石峰, 石柱拔地而起, 远望犹如一片莽莽森林, “大鹏展翅, 刀山火海, 千均一发, 阿诗玛石”等等这些天造奇观, 定会让您陶醉其间, 赞叹大自然的鬼斧神工。之后乘车前往**九乡风景区**。九乡风景区是以溶洞景观为主体, 洞外自然风光、人文景观、民族风情融为一体的综合性风景名胜, 拥有上百座大、小溶洞, 为中国规模最大、数量最多、溶洞景观最奇特的洞穴群落体系。据科学家考察论证, 九乡溶洞群发育于 6 亿年前古老的震旦纪灯影组浅海沉积和灰白色含硅质条带的白云岩中。专家们认为这是一个非稳定断裂的、溶蚀与侵蚀迭加的岩溶洞穴系统。下午乘旅游车返回昆明 [车程约 2 小时]。抵达昆明后, 参观**丝绸馆**。


**第三天**  **昆明** (早/午/晚餐) 住: 颐华商务酒店 / 同级  
 早上接着前往**金殿风景区**。金殿建于明朝万历三十年 (1602 年) 明朝崇祯年间。金殿比北京颐和园万寿山的金殿保存完整; 比湖北武当山金殿规模大, 是中国现存最大的纯铜铸殿。**钟楼**, 楼高三层, 有 36 戗角, 琉璃宝顶; 钟楼三楼穹顶下, 悬挂着一口大铜钟, 钟上铸有“大明永乐二十一年岁在癸卯仲春吉日造”等字样, 为公元 1424 年所铸。接着前往品尝云南出名的**普洱茶**和参观**宝树堂**。

**第四天**  **昆明 ~ 大理** (早/午/晚餐) 住: N 度酒店 / 同级  
 早餐后, 前往昆明的象征 - **金马碧鸡坊**。该坊始建于明朝宣德年间。金马碧鸡坊的独特之处, 在于某个特定的时候, 会出现“金碧交辉”的奇景。接着参观**中药材批发市场**。下午乘旅游车前往有着东方瑞士美誉的大理白族自治州 [车程约 4 小时]。大理历史悠久, 少数民族风情多姿多彩, 是中国重要的历史文化名城之一。抵达大理后游览**洱海公园**。洱海是仅次于滇池的云南第二大湖, 中国第七大淡水湖泊; 因其形状似人耳, 故得名。续往**大理古城**游览。此古城为棋盘式建筑, 巍峨的宫殿, 保存完好的白族民居, 小巧的庭院, 静静的街道, 幽静典雅, 古色古香; 古城中售有手工艺品、腊染布、大理石等等, 都为当地有名的物产。之后参观**大理国银店**。

**第五天**  **大理 ~ 丽江** (早/午/晚餐) 住: 佳立达酒店 / 同级  
 早上继往**大理张家花园**和**观音塘**。随后**远眺三塔**。三塔是大理最著名的古塔, 三塔鼎屹, 撑天拄地, 卓然挺秀, 俊逸不凡, 为苍山, 洱海间的胜景之一。接着前往参观**白族民居**。在那里可品尝白族特色茶点之一 - **白族三道茶及歌舞表演**。白族“三道茶”指的是“苦茶”、“甜茶”、“回味茶”, 先苦后甘, 能提神补气, 三道回味茶, 放有花辣等佐料, 喝了能满口清香, 回味无穷。接着乘车前往高原姑苏 - 丽江 [车程约 4 小时]。

**第六天**  **丽江** (早/午/晚餐) 住: 佳立达酒店 / 同级  
 早餐后, 前往海拔 5596 公尺的玉龙雪山脚下。**玉龙雪山**是纳西族及丽江各族人民心目中的一座神圣之山, 纳西族的保护神“三朵”, 就是玉龙雪山的化身。**乘缆车上云杉坪**。云杉坪海拔 3240 米, 是一块隐藏在原始云杉林中的巨大草坪。续往**白水河** (不含电瓶车)。白水河水质纯净, 未受任何污染, 河水冲刷的卵石, 清澈明晰, 因为白石为底, 水流其上, 水的颜色更加明净, 白水河也因此得名。前往**甘海子**, 原为高山冰蚀湖泊, 后来雪线上升, 积水减少以至干涸, 于是人称“干海子”。接着参观**大玉龙景区**, 感受纳西文化。**玉峰寺**建于清朝康熙末年, 是丽江五个喇嘛寺之一, 但寺庙建筑却整合了汉、白、藏风格。**玉水寨**是纳西族中部地区的东巴胜地, 是丽江古城的溯源。玉水寨保留了纳西族传统古朴的风貌, 与周围优美的自然景观交相辉映, 真正体现了“人与自然和谐发展”这一纳西族传统理念, 东巴文化之真谛。**东巴万神园**根据纳西先民朴素的人与自然的哲学理念, 对人生和世界的精彩想象, 严格按照先民天地神灵观念中阴阳相应、有黑就有白、有神就有鬼而列阵布的。之后参观**黑龙潭公园**, 传说丽江龙王黑龙的龙宫就在此地, 加之潭水又特别幽深, 故名“黑龙潭”。黑龙潭又名玉泉公园, 始建于清乾隆二年 (1737 年), 是一个充分利用自然山水加以人工改造的园林。前往参观**螺旋藻店**。继续前往**束河古镇**。束河是纳西先民在丽江坝子中最早的聚居地之一, 是茶马古道上保存完好的重要集镇, 也是纳西先民从农耕文明走向商业文明过度的活标本, 是对外开放和马帮活动形成的集镇建设典范。此古镇为中国著名导演张艺谋电影作品《千里走单骑》的主要拍摄基地。


**第七天**  **丽江 ~ 昆明 { 飞机 }** (早/午/晚餐) 住: 颐华商务酒店 / 同级  
 早上前往**四方街古城**, 此古城 1997 年被联合国教科文组织认定为世界文化遗产, 城内景色优美, 小桥流水, 古朴悠静, 还有一些古色古香的小购物店, 别有一番景色。此古城是中国历史文化名城中唯一没有城墙的古城。古城保留了大片明清时代的居民建筑, 均是土木结构瓦屋面楼房, 多数为三坊一照壁, 也有不少四合院, 融合了纳西、白、汉等民族建筑艺术的精华  
 乘内陆航班返回昆明, 接团后入住酒店休息。


**第八天**  **昆明 ~ 吉隆坡** (早 / 午餐)  
 早餐后, 参观千年古刹**圆通寺**。该寺是昆明市佛教协会所在地, 寺内建有圆通胜境, 八角亭, 等建筑。接着送往昆明长水国际机场, 结束八天愉快的旅程, 带着美丽的回忆与纪念品, 与家人和朋友共同分享。


\*\* 景点的先后顺序可根据具体情况有所调整 / 团费不含自费项目 \*\*





# 8D7N Kunming . Dali . Lijiang . Stone Forest \* Flight \*


**Day 1**  **KUALA LUMPUR ~ KUNMING ~ STONE FOREST ( D )** **Hotel: Xingya Custom Garden / SML**  
 Assemble at Kuala Lumpur International Airport (KLIA2) for your flight to the capital of Yunnan province, Kunming. Upon arrival, transfer to Stone Forest [about 2 hours]. After dinner, transfer to hotel.


**Day 2**  **STONE FOREST~JIUXIANG~KUNMING ( B/L/D )** **Hotel : Enjoying International Hotel / SML**  
 After breakfast, proceed to **Stone Forest Scenic Area** (include buggy). This natural phenomenon is said to have begun taking shape about 270 million years ago in the Carboniferous Period. The area is believed to have been originally under the ocean. With eons of movement of the earth crust the area rose and broke through. The limestone left behind went through sun, rain, wind, and earthquakes and finally developed into the beautiful Stone Forest we see today. proceed to **Jiuxiang Scenic Area**. In the scenic area, there are over 100 karst caves of different sizes, and Jiuxiang is confirmed to be the biggest cave clusters in China with the greatest number of caves and most wonderful in-cave scenic. According to geologists, these caves were being developed since the Sinian Period, 600 million years ago. Transfer back to Kunming [about 2 hours]. Continue visit to **Silk Gallery**.


**Day 3**  **KUNMING ( B/L/D )** **Hotel : Enjoying International Hotel / SML**  
 After breakfast, visit to **Golden Palace**, the heaviest and best preserved of China largest bronze temples. The Golden Temple was first built in the 30th year of Emperor Wanli's rule (1602) in the Ming Dynasty. Behind the temple is **Bell Tower**, hangs a 14-ton "Great Bell of the Ming Yongle Era". The bell was cast in the 21st year of the Ming Dynasty Yongle era (1424). Then, taste the Yunnan most famous Chinese tea, **Pu'Er**. Next, visit **Baoshutang**.

**Day 4**  **KUNMING ~ DALI ( B/L/D )** **Hotel : N' Hotel / SML**  
 After breakfast, proceed to the symbol of Kunming, **JinMa BiJi** (Golden Horse and Jade Rooster Memorial Arches). JinMa BiJi was built in Ming Dynasty; one special feature of the JinMa BiJi is that their shadows can overlap at a certain time under the golden afterglow of the sun and the silver light of the moon. This rare phenomenon forms a wondrous scene. Continue visit to **Traditional Chinese Medicine Whole Sales Market**. Then transfer to Dali [about 4 hours], a historical and cultural city, which is the home of Bai Minority. Visit to ErHai Lake upon arrival. **Erhai Lake** is the largest highland lake next to Dianchi Lake in Kunming and one of the seven biggest fresh water lakes in China. It means, 'sea shaped like an ear', in Chinese. Implying that the lake is ear shaped and as large as a sea, hence it was so named. Continue to **Dali Ancient City**. The ancient city of Dali is famous for its cultural and historical points of interest, natural beauty, and colorful ethnic minorities. The streets and alleys crisscross throughout the town in a typical "chess board" pattern. Then, visit to **Dali Silver Shop**.

**Day 5**  **DALI ~ LIJIANG ( B/L/D )** **Hotel : JiaLiDa Garden Hotel / SML**  
 After breakfast, proceed to **Dali Zhangjia Garden** and **Guanvin Tong**. Visitors get chances to **view the Three Pagodas**. Continue visit to the **House of Bai Minority**. Local people will served one of the special traditional tea - Three Courses Tea. The **Three Course Tea** is described as "first bitter, second sweet and third after tasty". After dinner , transfer to Lijiang [about 4 hours].

**Day 6**  **LIJIANG ( B/L/D )** **Hotel : JiaLiDa Garden Hotel / SML**  
 After breakfast, proceed to take a **cable car** to **YunShan Plateau** to have a breathtaking view of the **Jade Dragon Snow Mountain**. The snow-covered and fog-enlaced mountain resembles a jade dragon lying in the clouds, hence, become the names Jade Dragon Snow Mountain. Yunshan Plateau is grassland with gigantic spruces. Continue visit to **White Water River** (exclude buggy). The first impression for the river is the color of white. The water is extremely clean as it is filtrated and purified by gravel and stones when running, and hasn't been polluted at all. The riverbed is formed by pieces of grayish-white sedimentary rocks. Thus the river looks white, and from this it gained its name. Then go to Ganhaizi. **Ganhaizi** (Dry Sea) used to be a highland lake as its name tells, the meadow was formed after the water had dried up. Continue to **Jade Dragon Scenic Area**. **Yufeng Temple** is one of the lamaseries in Lijiang, but the temple architecture has integrated Han, Bai and Tibetan style. **Jade Water Village**, concentrated on the Naxi Ethnic Culture and integrated with the nature, the Village appears to be the holy land of Dongba Religion in Central Lijiang. It has preserved the primitive and simple ethnic features of the Naxi Minority and contrasts finely with the natural landscapes around, embodying the traditional concept of the Naxi Minority-"Man and Nature live in harmony". **Dongba Gods Garden** settlers under the simple philosophy of man and nature, of life and the world wonderful imagination, in strict accordance with the concept of yin and yang ancestors heaven and earth gods, accordingly, if there is black and there will be white, if there is a ghost and there will be a god. Continue visit to **Black Dragon Pool Park**. In the legend said that the palace of the Black Dragon King of Lijiang is situated here, and there is a pool in the park, which is so deep that it seems to have been inhabited by a dragon, hence it was so named. Proceed to **Spirulina Shop**. Transfer to **Shuhe Ancient Town**. It is an important component of Lijiang as it is a well-preserved example of a town along the ancient tea route and one of the earliest settlements of the ancestors of Naxi People. This old town was the movie <Riding Alone for Thousands of Miles> taken, directed by Zhang Yi Mou, one of the famous director in China.

**Day 7**  **LIJIANG ~ KUNMING { FLIGHT } ( B/L/D )** **Hotel : Enjoying International Hotel / SML**  
 In the morning, visit to **Lijiang Ancient Town - Sifang Street**. The old town is famous for its orderly system of waterways and bridges. This old town differs from other ancient Chinese cities in architecture, history and the culture of its traditional residents the Naxhi people. This town was registered on the UNESCO World Heritage in 1997. Take a domestic flight back to Kunming.

**Day 8**  **KUNMING ~ KUALA LUMPUR ( B / L )**  
 In the morning. Then, visit to **Yuantong Temple**. With a history of more than 1200 years, Yuantong Temple is the grandest as well as the most important Buddhist temple in Yunnan Province. After that transfer to Kunming Changshui International Airport for your flight back home.