

8 Days 天 7 Nights 晚



TOUR CODE : 8L 8LJG-B



Lijiang. Shangri-la. Lugu Lake 丽江. 香格里拉. 泸沽湖

- * 乘玉龙雪山云杉坪缆车, 细赏高原雪山美景。
- * 畅游玉水寨, 感受东巴文化魅力。
- * 逛丽江古城+束河古镇。
- * 畅游世外桃源香格里拉+独克宗古城

Day 01	Kuala Lumpur ~ Lijiang	(D)	第一天	吉隆坡 ~ 丽江	(晚餐)
Day 02	Lijiang ~ Shangri-la	(B / L / D)	第二天	丽江~香格里拉	(早 / 午 / 晚餐)
Day 03	Shangri-la ~ Lijiang	(B / L / D)	第三天	香格里拉 ~ 丽江	(早 / 午 / 晚餐)
Day 04	Lijiang ~ Lugu Lake	(B / L / D)	第四天	丽江~泸沽湖	(早 / 午 / 晚餐)
Day 05	Lugu Lake	(B / L / D)	第五天	泸沽湖	(早 / 午 / 晚餐)
Day 06	Lugu Lake ~ Lijiang	(B / L / D)	第六天	泸沽湖 ~ 丽江	(早 / 午 / 晚餐)
Day 07	Lijiang	(B / L / D)	第七天	丽江	(早 / 午 / 晚餐)
Day 08	Lijiang ~ Kuala Lumpur	(B)	第八天	丽江 ~ 吉隆坡	(早餐)

**Place of Visit
景点**

Lijiang 丽江 : Yulong Snow Mountain Scene Area - YunShan Plateau (include cable car) 玉龙雪山景区 - 云杉坪 (含缆车), White Water River + blue moon Valley (include buggy) 白水河+蓝月谷 (含电瓶车), GanHaiZi 甘海子, Lijiang Ancient Town Sifang Street 四方街古城, Black Dragon Pool Park 黑龙潭公园, ShuHe Ancient Town 束河古镇, Jade Water Village 玉水寨

Shangri-la 香格里拉 : Xiaozhongdian 小中甸 Dukezhong Ancient Town 独克宗古城, SongZan Lin Si [included eco car] 松赞林寺 [含环保车], NaPaHai 纳帕海, GuiShan Park 龟山花园 Shangri-la Tibetan Home Visit 香格里拉藏民家访, view First bend of the Yangtze River 远眺长江第一湾

Lugu Lake 泸沽湖 : View Lugu Lake Scenic area 远眺泸沽湖全景, WanMu CaoHai bridge 万亩草海走婚桥, Goddess Bay 女神湾 Musuo Home 摩梭家访, Lige Scenic 里格观景台, Campfire 篝火晚会;

Hotel 酒店

Lijiang 丽江 : Longyaoxiang/SML(Local 5*), 龙耀祥酒店/同级(准5星)

Shangri-la 香格里拉 : Anxin Lanhai Junhua Hotel/ SML (Local 5*) . 安信蓝海钧华酒店/同级(准5星)

Lugu Lake 泸沽湖 : Ocean Paradise Resort/SML(Local 5*), 海境度假/同级(准5星)

**Compulsory
Optional Tour
保证自费项目**

RMB 480/person 人民币 480/人 :
Tiger Leaping Gorge 虎跳峡, Liwu Island with boat 猪槽船游里务比岛, Dongba cultural experience 东巴文化体验
Impression Lijiang dance & song 张艺谋-印象丽江实景歌舞秀
**** Remark 备注 : Optional tour subject to change 最终解释权以当地地陪所讲加点内容为主 .**


Tour Fare 团费 :


Departure 出发日期 :


- > **Tour Fare Included 团费含** : Hotel Accommodation , Meals , Coach Transfer In & Out , Return Air Ticket , Entrance Fees & Local Tourist Guide .
行程上之酒店, 膳食, 交通接送, 国际机票, 观光点门票及导游 .
- > **Tour Fare Excluded 团费不含** : Malaysia Airport Tax , China Airport Tax , China Domestic Airport Tax , YQ Tax , YR Tax , Normal Visa Fees , Local Tour Guide & Driver Tipping .
吉隆坡出境机场税, 中国出境机场税, 中国内陆机场税, 航空保险费, 燃油税, 签证, 导游与司机小费 .

* 最后确认的行程将以旅行团抵达各地后由接待社安排为准 / The Itinerary Are Subject To The Final Discretion Of The Local Land Operator *

8天7晚 丽江. 香格里拉. 泸沽湖

第一天 吉隆坡  ~ 丽江 (晚餐) 住: 龙耀祥酒店 / 同级
请旅客准时前往吉隆坡国际机场 KLIA 离境大厅指定航空公司柜台集合, 并由公司专职人员协助办理登机手续后, 乘搭飞机飞往春光明媚, 风景秀丽的丽江。抵达丽江后, 由亲切导游接团。晚餐后, 送往酒店。

第二天  丽江 ~ 香格里拉 (早/午/晚餐) 住: 安信蓝海钧华酒店 / 同级
小中甸: 是香格里拉必经的一个小镇, 地处高寒坝区, 有着大片的茂盛草场
独克宗古城: 收藏了一千多年时光雕刻的历史沧桑的古镇, 藏族特色建筑文化在这里重放异彩

第三天  香格里拉 ~ 丽江 (早/午/晚餐) 住: 龙耀祥酒店 / 同级
远眺长江第一湾: 到了香格里拉县的沙松碧村, 突然来了个 100 多度的急转弯, 转向东北, 形成了罕见的 V 字形大湾, 人们称这天天下奇观为【长江第一湾】

松赞林寺(含环保车): 云南省规模最大的藏传佛教寺院, 也是康区有名的大寺院之一, 还是川真一带的黄教中心, 在整个藏区都有着举足轻重的地位

藏民家访: 可体验真正藏族人家的生活


纳帕海: 位于香格里拉县城东 25 公里的高山峻岭中四周群山环绕, 林木苍翠, 雪峰连绵。它由雪山溪流汇聚而成, 湖水碧蓝, 雪山树影倒映湖中, 清丽醉人

第四天  丽江 ~ 泸沽湖 (早/午/晚餐) 住: 海境度假 / 同级

泸沽湖观景台: 位于泸沽湖南岸的宁泸公路旁, 是观看、拍摄泸沽湖全景的最佳位置


万亩草海走婚桥: 是中国最浪漫的情人桥、走婚桥, 是摩梭男女约会的地方, 桥下长有茂密的芦苇, 远远望去, 像一片草的海洋

女神湾: 位于泸沽湖西侧湖滨, 是一个安静的小港湾, 对面正对着格姆女神山

第五天  泸沽湖 (早/午/晚餐) 住: 海境度假 / 同级

里格观景台: 整个湖面都尽收眼底, 蔚蓝的湖水、湛蓝的天空, 还绿树环绕的湖岸、景色优美的里格半岛, 一起构成一幅美妙的画卷


摩梭家访和篝火晚会: 原生态摩梭人家及宁静的原始村落, 可以到泸沽湖小落水村做一次摩梭族家访

第六天  泸沽湖 ~ 丽江 (早/午/晚餐) 住: 龙耀祥酒店 / 同级

丽江古城: 世界文化遗产丽江古城。具有 800 多年历史的丽江古城, 始建于南宋末年。是元代丽江路宣抚司, 明代丽江军民和清代丽江府驻地。

黑龙潭: 公园内有近 76 万平方米面积的湖面, 形状如一弯新月, 湖中心有亭子, 亭与湖岸另一侧有一珍珠泉出水口

束河古镇: 是纳西族先民最早的聚居点, 也是木氏上司的发祥地, 从这里, 可以感受到更为古朴得纳西民谷


第七天  丽江 (早/午/晚餐) 住: 龙耀祥酒店 / 同级

玉龙雪山云杉坪(含缆车): 是纳西族及丽江各族人民心目中的一座神圣之山, 纳西族的保护神“三朵”, 就是玉龙雪山的化身。云杉坪海拔 3240 米, 是一块隐藏在原始云杉林中的巨大草坪。

甘子海: 原为高山冰蚀湖泊, 后来雪线上升, 积水减少以至干涸, 于是人称“干海子”


白水河和蓝月谷(含环保车): 一条从雪山流出的河水, 河水是雪山积雪融化后又经岩过滤, 在泉水涌出而最终汇成白水河


玉水寨: 寨内的神泉碧绿纯净, 清漏透明, 顺山势奔流而下, 形成着名的‘出龙瀑’, ‘戏龙瀑’, ‘送龙瀑’之神龙三桑水。


第八天 丽江  ~ 吉隆坡 (早餐)

早餐后, 接着送往丽江机场, 结束八天愉快的旅程, 带着美丽的回忆与纪念品, 与家人和朋友共同分享。


8D7N Lijiang . Shangri-la . Lugu Lake


Day 1  **KUALA LUMPUR ~LIJIANG** (D) **Hotel : Longyaoxiang hotel / SML**
Assemble at Kuala Lumpur International Airport (KLIA) for your flight to the capital of Yunnan province. After dinner, transfer to hotel.


Day 2  **LIJIANG ~ SHANGRI-LA** (B/L/D) **Hotel : Anxin Lanhai Junhua Hotel/ SML**
Xiaozhongdian : is Shangri-La a small town, located in the alpine dam area, has a big pasture
Dukezhong Ancient town : There is a place you can find the colorful Tang Ka , the printing or drawing for the Buddha


Day 3  **SHANGRI – LA~LIJIANG** (B/L/D) **Hotel : Longyaoxiang Hotel / SML**
View first bend of the Yangtze River : The river makes a 90degree turn form south to east within a distance of 1 kilometer
Songzhan Lin si (included eco car) : Being the largest Tibetan Buddhist monastery in Yunnan, Songzan Lin si, also known as Guihua monastery, is one of the famous monasteries in the Kang Region. It is located near Shangri – La, at the foot of Foping Mountain.

Shangri – La Tibetan Home Visit :learn the culture of Zang Minority
Napahai :Nature Reserve is a state- designated wetlands area situated some 8kg north if Shangri-La County on the Yunnan – Guizou Plateau in northwestern Yunnan Province. Not surprisingly, this wetlands area is a true paradise for all type of birds, most especially for water fowl.

Day 4  **LIJIANG ~LUGU LAKE** (B/L/D) **Hotel : Ocean Paradise Resort/ SML**
Lugu Lake Scenic area – Located on the south bank of Lugu Lake, beside Ninglu Highway, it is the best place to watch and shoot the panoramic view of Lugu Lake
WanMu CaoHai bridge - Is China's most romantic lover bridge, take the wedding bridge, is the date of Mosuo men and women dating
Goddess Bay - Located on the west coast of Lake Lugu, is a quiet small harbor

Day 5  **LUGU LAKE** (B/L/D) **Hotel : Ocean Paradise Resort / SML**
Lige Scenic – The whole lake is full of view, azure lake, blue sky, also surrounded by trees
Musuo Home and Campfire- Original Mosuo people and the quiet primitive village, you can learn through Musuo family visit to Luguahu

Day 6  **LUGU LAKE ~LIJIANG** (B/L/D) **Hotel : Longyaoxiang Hotel / SML**
Lijiang Ancient town Sifang Street- Famous for its orderly system of waterways and bridges. The old town of Lijiang differs form other ancient Chinese cities in architecture, history and the culture of its traditional residents the Naxi people.
Black Dragon Pool Park- its surroundings are all green with grass and shaded by swaying willow trees, In its waters, the Jade Dragon Snow Mountain is reflected.
ShuHe Ancient Town- is a well-preserved example of town along the ancient tea route and one of the earliest settlements of Naxi People's ancestors.

Day 7  **LIJIANG** (B/L/D) **Hotel : Longyaoxiang Hotel / SML**
Yulong Snow Mountain Yun Shan Plateau (included cable car)- the best place to view the scenery of Yulong Snow mountain
GanHaiZi- It had been a highland glacial lake before the 1940s and was formed after the water had dried up.
White Water River + Blue Moon Valley-the water is extremely clean as it is filtrated and purified by gravel and stones when running, and hasn't been polluted at all , so call white river.
Jade Water Village – it the central region of the Naxi Dongba Holy land., the ancient city is the source of Lijiang, Baisha Township in Lijiang Country is the birthplace of the central Naxi culture of its traditional residents the Naxi people.

Day 8  **LIJIANG ~ KUALA LUMPUR** (B)
After breakfast, transfer to Lijiang Airport for your flight back home.

** The Itinerary Are Subject To The Final Discretion Of The Local Land Operator / Tour Fare exclude Optional Tour **

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