

7D5N

TURKMENISTAN

THE MYSTICAL CENTRAL ASIA

Ashgabat | Turkmenbashi | Darvaza | Mary

土库曼斯坦-走进中亚神秘国度

阿什哈巴德 | 土库曼巴希 | 达瓦扎 | 马雷



XASB07-001



Darvaza Gas Crater

The crater was formed due to ground collapsing resulted from over-drilling by a group of soviet petroleum engineers who decided to lit fire against the leaking gas, hoping it would burn out within weeks, but the fire has been burning ever since for 48 years until today. The name "Door to Hell" was drawn from the fact that Derweze in English, translates into 'gate', and the burning flame and boiling mud together give the image of hell as etched into human subconscious mind by religion.

达瓦扎天然气洞穴

达瓦扎天然气洞穴是早前一群苏联石油工程师因过度挖掘石油导致地面坍塌而形成。他们试图纵火燃烧泄漏出的天然气，可却没想到一把火就燃烧到今天，已有48年了。“地狱之门”这个名字源于德威兹 (Derweze) 英语翻译成“门”，而燃烧的火焰和沸腾的泥浆共同构成宗教所刻蚀的地狱景象。

Validity: JAN 2020 onwards



There are no foreign land. It is the traveler only who is foreign.
- Robert Louis Stevenson

Alem Cultural and Entertainment Center, Ashgabat

DAY 1 KLIA ✈️ Ashgabat

- / - / Hotel Dinner

Upon arrival at Ashgabat International Airport, transfer to hotel for dinner and rest.

DAY 2 Ashgabat ✈️ Turkmenbashi

Breakfast Boxes / Picnic Lunch / Western Dinner

In the morning, transfer to the airport for a **flight to Turkmenbashi**.

Yangykala Canyon Tour

Upon arrival, hop on a 4x4 to discover one of the most breathtaking sights in the far northwest of Turkmenistan, **Yangykala Canyon**. With bands of pink, red, and yellow rock searing across the sides of steep canyon walls. Those impressive limestone formations rise from the desert sands and the cliffs are the remains of massive coastline and seabed of the pre-historic Paratethys Sea. Stand at the most famous formation known as the "Crocodile's Mouth" to get the picturesque panoramic view.

DAY 3 Turkmenbashi ✈️ Ashgabat - 266km - Darvaza - 266km - Ashgabat

Hotel Breakfast / Local Lunch / BBQ Dinner

In the morning, transfer to the airport for a **flight back to Ashgabat**.

Darvaza Tour

After lunch, take 4x4 head to the middle of the Karakum desert to discover the most unique **Darvaza Gas Crater**, known as "The Gates to Hell". It was created by mistake and burning non-stop since 1971. Enjoy your BBQ dinner near the burning gas crater before sunset and stunned by the other face of the crater during night time.

DAY 4 Ashgabat

Hotel Breakfast / Local Lunch / Folklore Show with Dinner

Ashgabat City Tour

Ashgabat is the capital city of Turkmenistan, has been recognized by Guinness World Records as having the world's highest density of white marble. First, sightseeing the beautiful combination of Islamic and Byzantine architecture **Ertugrul Gazi Mosque** and the ruins of the ancient city **Nisa** declared as a UNESCO World Heritage Site. Next, visit the **National Museum of Turkmenistan** contains over 500,000 exhibits particularly archaeological and ethnographical finds throughout the country. Photo stop at the world's largest indoor Ferris wheel, **Alem Cultural and Entertainment Center** and the architectural symbol of modern Turkmenistan, **Arch of Neutrality**.

DAY 5 Ashgabat ✈️ Mary ✈️ Ashgabat

Hotel Breakfast / Local Lunch / Local Dinner

In the morning, transfer to the airport for a **flight to Mary**. Mary is located in the south-east of the country, bordering Afghanistan.

Discover Ancient Merv

Explore one of the oldest and best-preserved of the oasis cities along the Silk Road, **Merv**. Discover a series of adjacent cities, the ancient (Erk Kala and Gyaur Kala), the medieval (Sultan Kala with its suburbs), and post-medieval (Abdullah-Khan Kala), appeared with time as a token of the natural progress of the city. Besides, the most popular highlights are **AD forts of Big and Small Kyz-Kalas**, where rectangular wall structures built over one thousand years ago between 600 and 900 AD.

In the evening, transfer to the airport for a **flight back to Ashgabat**.

DAY 6 Ashgabat / Depart for home

Hotel Breakfast / Local Lunch / -

Akhal-Teke Horses

Visit Ashgabat Horse Hippodrome to see the famous Turkmen Akhal-Teke horses which are believed to be the first tamed horse breed in the world. These horses have been renowned as cavalry mounts and racehorses for some 3,000 years.

After lunch, transfer to Ashgabat International Airport for our flight home.

DAY 7 Arrive home

Arrive home with sweet memories.



Turkmen Akhal-Teke horse, Ashgabat

第1天 从吉隆坡国际机场出发 → 阿什哈巴德

- / - / 酒店晚餐

抵达阿什哈巴德国际机场后，送往酒店享用晚餐和休息。

第2天 阿什哈巴德 → 土库曼巴希

早餐盒 / 户外用餐 / 西式晚餐

今早，前往机场乘搭航班飞往土库曼巴希。

杨吉卡拉峡谷之旅

抵达后，乘坐四轮驱动到土库曼斯坦西北部探索最令人叹为观止的景点之一，**杨吉卡拉峡谷**。峡谷陡峭，谷壁岩层或粉或红或黄。令人印象深刻的是石灰岩地层从沙漠中崛起，而悬崖则是由史前被副特提斯洋遗迹和海岸线造成。站在最著名的“鳄鱼嘴”岩层欣赏风景如画的全景。

第3天 土库曼巴希 → 阿什哈巴德 - 266公里 - 达瓦扎 - 266公里 - 阿什哈巴德

酒店早餐 / 道地午餐 / 烧烤晚餐

今早，前往机场乘搭航班飞回阿什哈巴德。

达瓦扎之旅

午餐后，乘坐四轮驱动前往卡拉库姆沙漠中部挖掘最独特的**达瓦扎天然气洞穴“地狱之门”**。此意外造成的巨坑自1971不曾停止燃烧。日落前，在燃烧着的洞穴附近享用烧烤晚餐；日落后，欣赏它美得惊艳的另一面。

第4天 阿什哈巴德

酒店早餐 / 道地午餐 / 民族表演与晚餐

阿什哈巴德市区游

土库曼斯坦的首府阿什哈巴德，因拥有世界上密度最高的白色大理石而被吉尼斯世界纪录认证。首先，游览综合伊斯兰和拜占庭式的美丽建筑**埃鲁图鲁尔加清真寺**及联合国教科文组织世界遗产**尼萨古城遗址**。接着，参观**土库曼斯坦国家博物馆**，里面超过500,000件展品中更含了全国的考古和人种学。在世界上最大的室内摩天轮**阿莱姆文化娱乐中心**和现代土库曼斯坦建筑象征**中立门**前合影留念。



Greater Kyz Kala, Merv

第5天 阿什哈巴德 → 马雷 → 阿什哈巴德

酒店早餐 / 道地午餐 / 道地晚餐

今早，前往机场乘搭航班飞往马雷。位于该国东南部，与阿富汗接壤。

发掘古老梅尔夫

探索丝绸之路保存最完好的古老绿洲城市之一，**梅尔夫**。游览一系列因时间流逝和城市发展而出现的相邻城市，古代埃尔克卡拉和古乌尔卡拉，中世纪苏丹卡拉和后中世纪阿卜杜拉罕卡拉。此外，还有最受欢迎的景点**克兹卡拉要塞**，建于一千多年前约公元600至900年间的矩形墙结构。

傍晚，前往机场乘搭航班飞回阿什哈巴德。

第6天 阿什哈巴德 / 返回家园

酒店早餐 / 道地午餐 / -

汗血宝马

前往阿什哈巴德马场观赏著名的汗血宝马。它们是世界上第一个被驯服的马种，在骑兵作战和赛马方面享誉达3000多年。

午餐后，前往阿什哈巴德国际机场搭乘航班返回家园。

第7天 抵达家园

带着甜蜜回忆抵达家园。



Turkmen in traditional clothes



Yangykala Canyon, Turkmenbashi

About Turkmenistan

Size: 440,000 km²

Population: 6 million

Ethnic Groups: Turkmens 77%, Uzbek 9.2%, Russian 3% and other minority groups of Armenian, Azerbaijani, Kazakh, and Tatar.

Religion: 97% majority are Muslim

关于土库曼斯坦

面积: 44万平方公里

人口: 600万

民族: 土库曼族占77%、乌兹别克族9.2%，俄罗斯族3%，此外还有哈萨克族、亚美尼亚族、鞑靼族和阿塞拜疆族等100多族。

宗教: 97%信奉包容开明伊斯兰





Independence Monument, Ashgabat



Shashlyk



National Museum of Turkmenistan

HIGHLIGHTS 行程亮点

- Yangykala Canyon, Turkmenbashi
- "The Gates to Hell" Darvaza Gas Crater, Darvaza
- National Museum of Turkmenistan, Ashgabat
- Ancient Merv, Mary
- Akhal-Teke Horses, Ashgabat
- 杨吉卡拉峡谷, 土库曼巴希
- “地狱之门”天然气洞穴, 达瓦扎
- 土库曼斯坦国家博物馆, 阿什哈巴德
- 古老梅尔夫, 马雷
- 汗血宝马, 阿什哈巴德

📌 Note: Entrance tickets are included.

📌 注释: 已包含入门票

DOMESTIC FLIGHT 内陆航班

Ashgabat → Turkmenbashi → Ashgabat (Save 1152km of road journey)

Ashgabat → Mary → Ashgabat (Save 722km of road journey)

阿什哈巴德 → 土库曼巴希 → 阿什哈巴德 (节省约1152公里的路程)

阿什哈巴德 → 马雷 → 阿什哈巴德 (节省约722公里的路程)

ACCOMMODATIONS 住宿

STAY 留宿	LOCATION 地点	HOTEL 酒店	RATED 等级
4Nights 4晚	Ashgabat 阿什哈巴德	Yyldyz Hotel 酒店	4* or similar 4* 或同级
1Night 1晚	Turkmenbashi 土库曼巴希	Yacht Club Yelken 酒店	Hand-picked Hotel 精选酒店

*Complimentary Wi-Fi services in hotel lobby. (In-room Wi-Fi subject to hotel availability) *酒店大厅均提供免费无线网络。(客房网络服务则因酒店而异)

MEAL PLAN 餐饮安排

- Shashlyk
- Pilaf
- BBQ Dinner, Darvaza
- Folklore Show with Dinner

Note: Specific restaurants mentioned will be replaced, if closed for private functions.

- Shashlyk
- Pilaf
- 烧烤晚餐, 达瓦扎
- 民族表演与晚餐

Number of Meals:
Lunch - 5
Dinner - 5

餐饮数量:
午餐 - 5
晚餐 - 5

注释: 如以上特定餐馆因私人活动关闭将以其他餐馆替代。

Travel Essentials:

Passport & Visas - Each tour member is responsible to ensure their passport is valid for at least six (6) months from the return date of the trip and all necessary visas and permits have been acquired.

Travel Insurance - It's essential that you take out a comprehensive travel insurance before travel.

Terms & Conditions:

1. Itineraries, meals, hotels and transportation are subject to change without prior notice.
 2. AVSB reserves the right to make changes to or cancel the itinerary at any time due to unforeseen circumstances, especially during peak periods or in the event of a force majeure.
 3. AVSB is not responsible for omissions, printing and/or presentation errors in brochures or in any media where such information may be presented; AVSB reserves the right to make corrections as required.
 4. Every person participating in AVSB's tours shall travel at his/her own risk. AVSB shall not be held liable to any person for additional expenses that may be incurred due to delays or changes in any transport services, sickness, weather, strikes, war or other causes.
 5. For other terms & conditions, refer overleaf of invoice or visit <https://www.applevacations.my/web/terms.php>
 6. All pictures shown are for illustration purpose only.
- Note: AVSB refers to Apple Vacations Sdn. Bhd.

旅行必备:

护照或签证 - 团员有责任确保护照有效期需至少6个月(从返程日期算起), 并且取得必要的签证和准证。旅游保险 - 出发前, 建议您购买全面的旅游保险。

条款:

1. 行程、膳食、酒店住宿和交通可能会有所更动, 恕不另行通知。
2. 若出现无法预测的特殊情况, 特别是在旅游旺季期间, 苹果旅游将保留更改或取消行程的权利。
3. 若苹果旅游的宣传手册或任何传播媒介, 出现任何形式的印刷失误或遗漏, 本公司一概不负责, 并且保留更正的权利。
4. 每位参与苹果旅游团的成员, 必须为自身安全或行为负责。若出现无法预测的特殊情况 (例如: 交通延误/取消、天气、疾病、示威、战争等等), 因而引发额外支出的问题, 苹果旅游一概不负责, 旅客需自行负责额外的费用。
5. 详情条款, 请参阅单据背页或浏览 <https://www.applevacations.my/web/terms.php>
6. 以上图片仅供参考, 请以实物为准。

欧美团 - 附加条款:

1. 所有行程以英文讲解为主。若有需要, 将提供简单的中文或粤语翻译。
2. 三人房-房内第三名住客的床褥, 将以折叠式为准。(仅限于欧洲及其他国家行程)
3. 三人房均以两张双人床为准, 恕不添加折叠式床褥。(仅限于美国行程, 唯夏威夷除外)
4. 三人房均以折叠式床褥为准, 仅供两位成人及一位小孩 (十二岁以下)。若三位成人入住, 则须订购两间客房并填补差价。(仅限于全南非洲行程, 唯肯亚与摩洛哥除外)

For Agent Use Only:

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