



HEALTHIER INTESTINE · HEALTHIER YOU

BEGINS WITH

Frusso

FRUITY FIBER DETOX DRINK





90% Body Toxins **COME FROM INTESTINE**

Intestinal toxin is the source of all diseases.

Intestine is an organ that breaks down food. When food is broken down by enzymes or microorganisms in the intestine, production of metabolic wastes will then take place. If these metabolites are not excreted, they will form toxins in the body. 90% of toxins are excreted through intestines, hence effecting skin appearance and overall health.

The intestine is the **largest digestive organ** of human body, and it is also the **largest immune organ** and **largest detoxification organ** in human body!



Colorectal Cancer

MALAYSIA NO. 2 CANCER KILLER



- * Based on statistics from National Cancer Council of Malaysia, about 2,200 cases of colorectal cancer are diagnosed each year!!!
- * The risk of colorectal cancer increases with age, especially in between 40 and 45.



Does Your Intestine **NEED DETOXIFICATION?**



**Accumulated toxins
may contribute to...**

- * Acnes and dark spots on the face
- * Bloating and weight gain
- * Unpleasant oral and body odour
- * Indigestion, constipation and haemorrhoids

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**YOUR DIRTY
INTESTINAL SAVIOUR!**

Frusso FIBER DETOX
CLEANSING IS IMPERATIVE TO
REGAIN HEALTHY INTESTINES

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HEALTHY INTESTINE INFLUENCES YOUR OVERALL HEALTH



6 MAJOR FUNCTIONS OF *Frusso*

Relieve Constipation

Discharge Enterotoxin

Healthy Slimming

Eliminate Big Tummy

Promote Intestinal Movement

Enhance Digestion

Control Weight

Increase Satiety

Avoid Bad Breath

Promote Oral Freshness

Rejuvenate Beauty

Improve Skin Problems



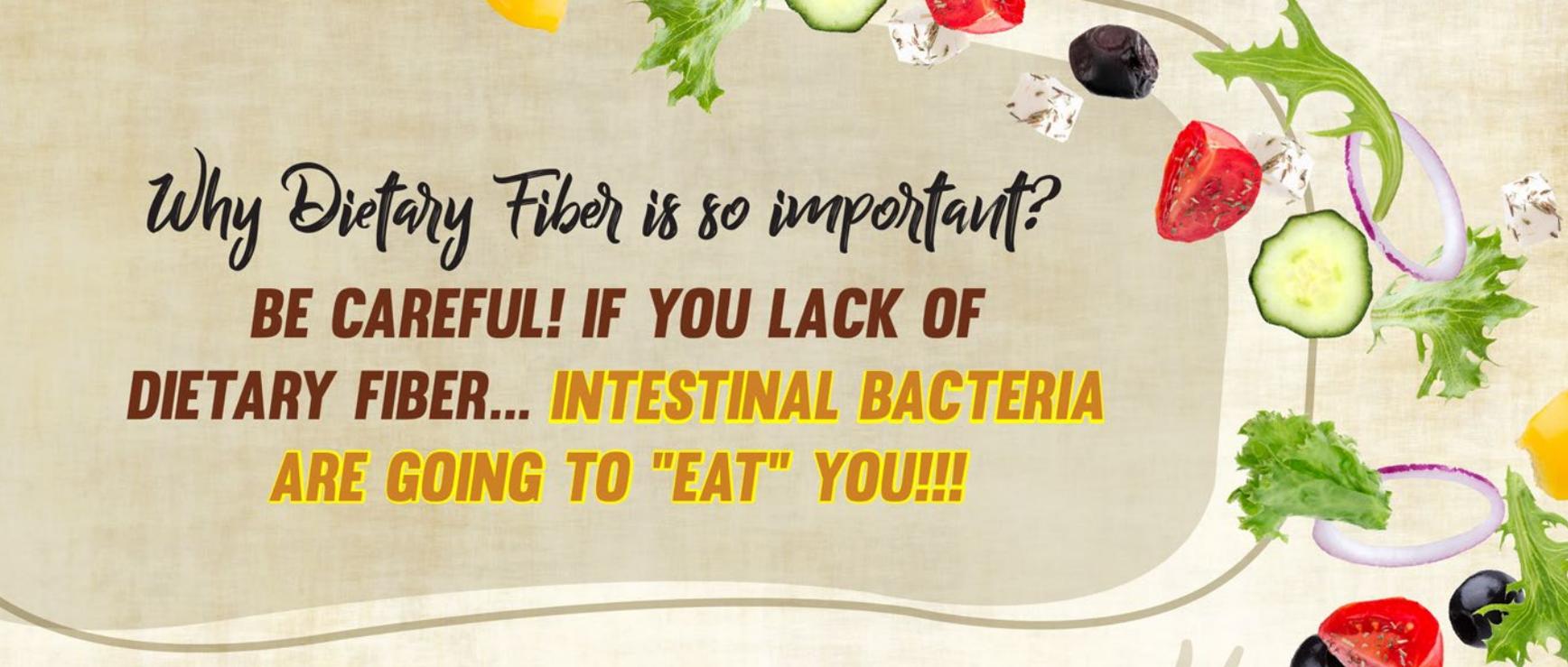


1ST STEP OF *Intestinal Detoxification* SUPPLEMENT DIETARY FIBER

Dietary fiber is one of the nutrients human body needs that is recognised as one of the 7 major classes of nutrients. It can be divided into two types: water-soluble and water-insoluble.

Frusso contains both types of dietary fiber.

	Water-soluble	Water-insoluble
Function	It is viscous, can absorb large amount of water in intestines, forming a gel to be excreted out of the body.	It can increase the volume and weight of faeces, accelerate gastrointestinal motility, promote bowel movements, and relieve constipation.
Example	Citrus, Apple, Carrot, Cabbage	Wheat Bran, Corn Bran, Root Vegetables, Grain



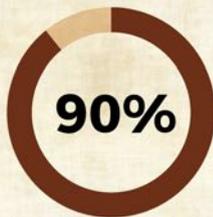
Why Dietary Fiber is so important?

**BE CAREFUL! IF YOU LACK OF
DIETARY FIBER... INTESTINAL BACTERIA
ARE GOING TO "EAT" YOU!!!**

The normal function of intestines
can be attributed to probiotics,
which are responsible for...



Nutrient
Absorption



Body Toxins
Removal



Immunity

Probiotics require food to function, and one of the main sources of energy is **dietary fiber**. Dietary fiber contains prebiotics, the food for probiotic. In the absence of dietary fiber, bad intestinal bacteria will "eat" the intestinal wall, which in turn affects the mucus layer in the intestines and indirectly affect your health.

The Salvation of Intestines

MECHANISM & BENEFITS OF DIETARY FIBER

1 Dietary fiber combines together with stools

Increase the size and weight of stools 2

**ACCELERATE
BOWEL MOVEMENTS**

Sweep away the stools on the intestinal wall 3

5 Improve constipation

4 Stimulate bowel movement





1 Decomposed in the intestines

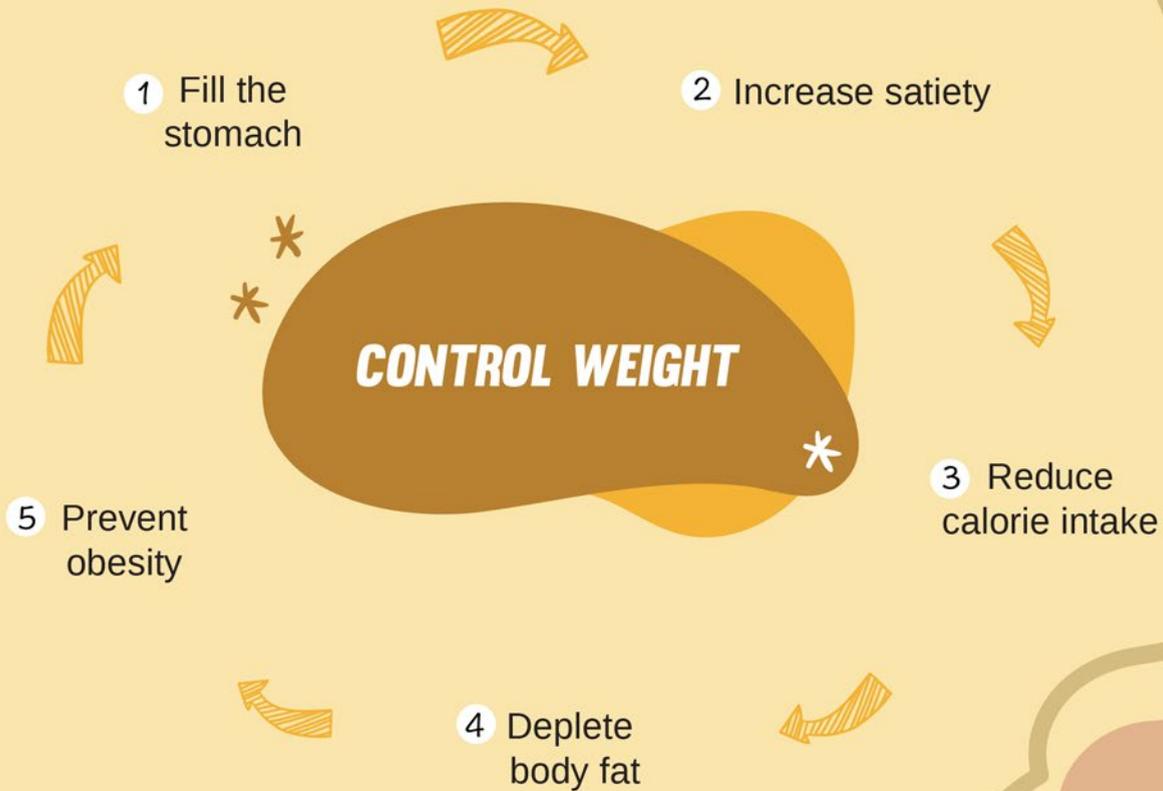
2 Contain prebiotics (Food for probiotics)

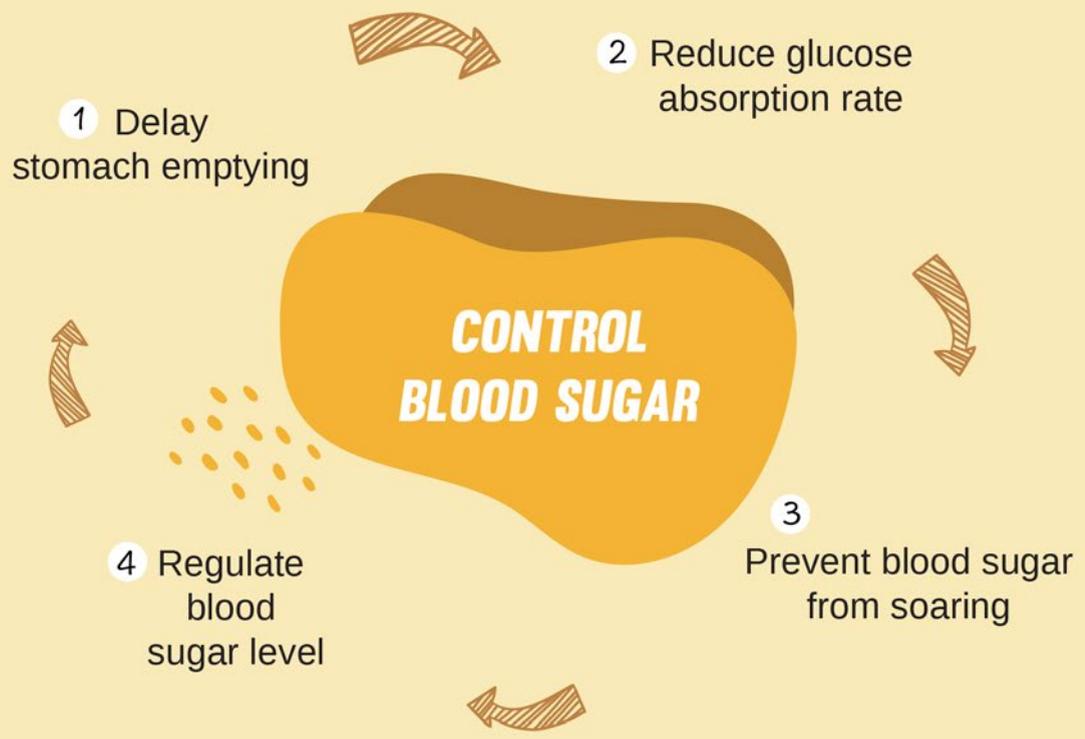
AID IN REPRODUCTION OF PROBIOTICS

3 Aid in reproduction of probiotics

5 Maintain intestinal health

4 Reduce the growth of bad bacteria





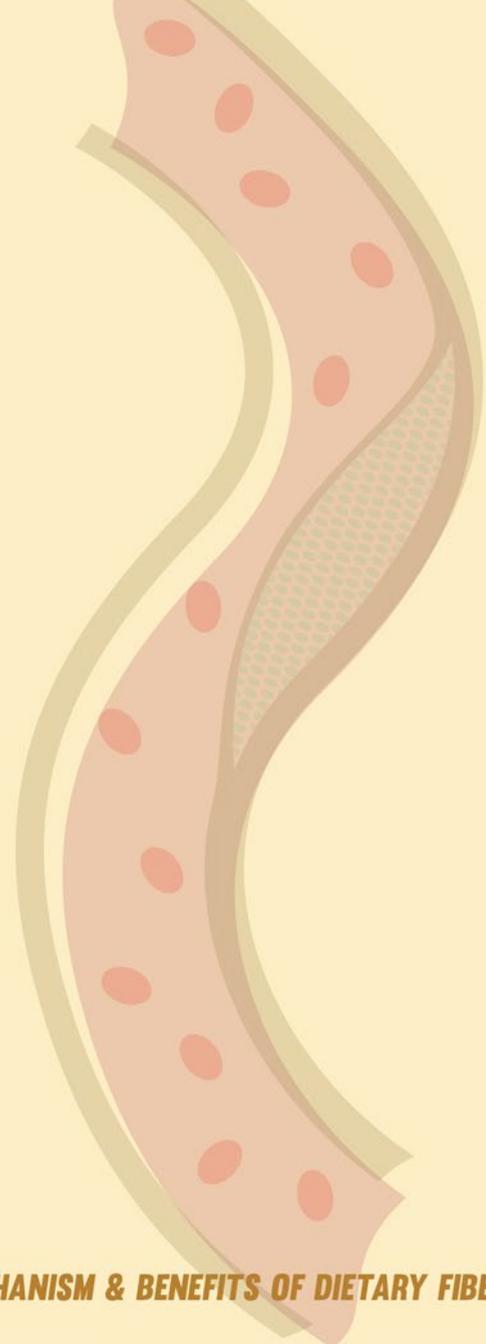
1 Combine with bile acid
and cholesterol

2 Reduce cholesterol

3 Prevent cardiovascular
disease

**LOWER
CHOLESTEROL**

MECHANISM & BENEFITS OF DIETARY FIBER





1 Maintain intestinal pH at the most ideal level



2 Prevent microbes from producing carcinogens



3 Help prevent colorectal cancer



**ZERO TOXIC WITH
ENOUGH PREBIOTICS & PROBIOTICS**
MECHANISM & BENEFITS OF DIETARY FIBER

Frusso

Japan IMPORTED WATER-SOLUBLE DIETARY FIBER, FIBERSOL-2

- * Natural plants as raw materials
- * Certified by Japanese Food Regulation, FOSHU (Food for Specific Health Uses)
- * Received GRAS (Generally Recognised as Safe) certification from US FDA
- * Low in calories and does not affect the absorption of calcium and other minerals



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The Strongest Fiber

COMBINATION OF ALL DETOX POWER IN ONE

Palm Fiber

- * Water-insoluble fiber
- * Have an adhesive function to accumulate cholesterol, bile salts, fats, carbohydrates and toxins, to be excreted out of the body

Fibersol-2

- * Water-soluble corn fiber
- * Low-calorie supplement which contains 90% dietary fiber



Inulin

- * Water-soluble fiber
- * Natural oligosaccharides, can be used as sugar substitute
- * Help in the reproduction of good bacteria in intestine

Psyllium Husk

- * Water-soluble fiber
- * 80% fiber content
- * Beneficial to the growth of intestinal probiotics

Frusso



> 3 Servings of Cooked Cabbage



> 2.5 Servings of Cooked Spinach

> 1 Stalk of Broccoli



FIBER CONTENT IN
1 SACHET OF *Frusso* = HOW MANY VEGETABLES?

Frusso

**VARIETY PACK WITH
DIFFERENT FLAVOURS**
CHANGE THE TASTE WITH
your mood

4 flavours in a box
Lemon, Passion Fruit, Mango, Peach

Bring you an extraordinary
Detoxification
Enjoyment



Frusso



Yellow Lemon

Frusso



✿ Purple Passion Fruit ✿

Frusso



Gold Mango

Frusso



Orange Peach

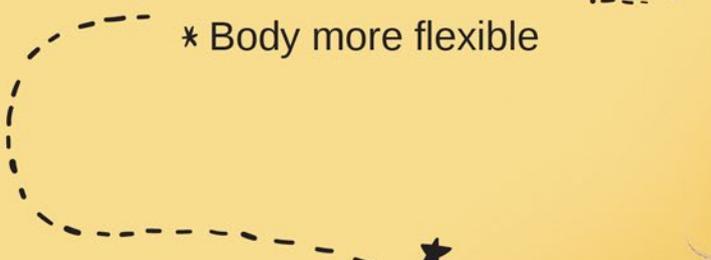
Frusso



After consuming *Frusso* ...



- * Slimmer waist & hips
- * No body & oral odour
- * No dull & acne skin
- * Body more flexible



REGAIN YOUR CONFIDENCE
WITH *Frusso*



Frusso



WHO NEEDS Frusso?

People with long-term **diarrhea or constipation**

People who like to eat meat

People with **indigestion**

People who **sit for long hours with less movement**

Elderly & middle-age people

People who want to **keep fit & healthy**

People who want to **improve skin condition**



Frusso



**A DAY A SACHET,
KEEP YOUR
INTESTINE Healthy**

Mix 1 sachet with 150ml of water,
recommended to drink before bedtime.

